



Fall 2015 Newsletter

Message from the Chair



 **Website:** nrig.rnao.ca
Email: info@nrig.rnao.ca



The 2014 - 2015 membership year has been one of growth and planning for the NRIG Executive. NRIG Executive meetings were held in September and November 2014 as well as February and April 2015. Recruitment for vacant positions of Chair-Elect and Finance Officer was coordinated with the assistance of Penny Lamanna through the RNAO home office. A full executive team was in place as of January 2015 with Barb Chyzy and Winnie Sun joining the group. NRIG executive members met in November 2014 for a half day to develop a plan of activity and set goals for the next two years. The NRIG by-laws were revised and are included in this report for review.

NRIG executive spent much of the planning day discussing priorities for 2014-2016 which align with

NRIG's key objectives and include: refreshing of NRIG website to make it more informative and user friendly;

discussion of increasing meaningful content in NRIG; and planning more educational initiatives using multiple modes to engage members and support members in their research activities. Further details of the plans for education sessions and the work of the education sub-committee are described in Helen Kelly's (education officer) report.

Given the increasing challenges for new investigators to be able to access research funding, NRIG submitted and presented a resolution to the RNAO Annual General meeting, held on April 17, 2015. The resolution requested RNAO's support to advocate for a new research funding program for novice nursing researchers to promote research scholarship and the values of nursing, which seek to alleviate suffering and improve health outcomes for patients and their families. The resolution was almost unanimously passed by the consultation representatives at the AGM. (Resolution as submitted is included in this report).

Membership numbers for NRIG continue to grow and currently sit at 1, 639, up from 1,437 this time last year. NRIG executive will continue to collaborate with home office staff during the 2015-2016 membership year to develop strategies for further recruitment, retention, and engagement with NRIG members.

NRIG has initiated discussions with several other interest groups with the intent of building new relationships among members and encouraging collaborative activities between groups. Additional activities that we have engaged in are:

- Electronic distribution of newsletter to members



- Visits to MPP offices
- Attended 2015 Annual General Meeting
- Represented NRIG at Assembly and Interest Group Chairs Meetings in September 2014 and February 2015

We encourage members to share your experiences and to help us identify current issues that are affecting your roles in research activities. We are also interested in hearing about your research work, its impact on practice, and learning needs ideas for future educational sessions.

We would like to thank outgoing board member Past Chairperson, Dr. Nancy Purdy for her continued leadership, commitment and passion for supporting the work of NRIG. Nancy has been an active member, holding several roles of the NRIG executive for approximately 10 years. She has been a tremendous mentor to many of us on the current executive. In addition, I extend a sincere thank you to all continuing executive members for their ongoing dedication, team work, and sense of humour which contribute to NRIG's ongoing success.

Respectfully submitted,
Sue Bookey-Bassett, RN, BScN, MEd; NRIG Chair

s.bookey-bassett@sympatico.ca



It is with great pride and pleasure that I commence my position as Chair Elect for the NRIG executive (which officially started in January 2015). Joining such a dynamic and strong executive is truly inspiring and I am looking forward to continuing the advancement of NRIG's objectives over the course of my term. I will endeavor to fulfill the mandate of this role to the best of my ability and strive to work collaboratively with the entire executive. I bring to this position my previous experience with the Community Health Nurses Initiatives Group (where I served as the Research, Education and Professional Development Co-Lead for two years from 2012-2013) as well as my involvement in RNAO resolution committees. I am also a third year PhD student in nursing at the University of Toronto under the supervision of Dr. Cindy-Lee Dennis. The title of my research study is: "Mobile Phone Based Peer Support to Prevent Postpartum Depression among Adolescent Mothers: A Pilot Randomized Controlled Trial".

I encourage all NRIG members to contact the executive to provide comments, suggestions or expertise pertaining to our work and to find out ways you can become more involved!

Respectfully submitted,
Barbara Chyzyy, RN, BN, MN; NRIG Chair-Elect

barbara.chyzyy@utoronto.ca



Chair Elect Report



Annual General Meeting
June 4, 2015
Ryerson University

The NRIG AGM was held on June 2, 2015 at Ryerson University from 5-8 pm. Guest speaker Dr. Gail Donner gave a very enlightening and dynamic presentation about her work as Chair of the Expert Group on Home and Community Care and the **Bringing Care Home Report**, which was released in March 2015. The purpose of this report was to provide recommendations to the Ontario Ministry of Health and Long Term Care (MOHLTC) about home and community care reform. Dr. Donner highlighted key findings and recommendations of the report. Of special note was her message that the health care system needs to support the family as the unit of care and think beyond only individuals receiving care in the home and community setting. To view this very important and timely document in its entirety, please go to the MOHLTC website: http://health.gov.on.ca/en/public/programs/ccac/docs/hcc_report.pdf

In all, over 30 people attended the AGM. It proved to be a very successful evening! Awards were presented to scholarship and research grant winners (see pages 5-7 for further details). A delicious dinner was served which provided an opportunity to reconnect existing relationships as well as a chance to develop new connections. Sue Bookey Bassett and the rest of the executive reported on activities during the 2014-2015 year. The executive is looking to fill the positions of Communications Officer (newsletter), Policy and Political Action Officer and Student Representative. If you are interested in any of these positions, please contact Sue Bookey Bassett at s.bookey-bassett@sympatico.ca or Barbara Chyzy at barbara.chyzy@utoronto.ca.





NRIG

Nursing Research Interest Group





2015 Scholarships and Awards Update

CONGRATUALIONS TO THIS YEAR'S GRADUATE SCHOLARSHIPS AND RESEARCH GRANT WINNERS!!

We received 9 applications for Graduate Scholarships and 10 applications for the Research Grant competition representing an increase over last year by 43-50%. We awarded an additional Scholarship to ensure support for students in Master's level programs. We also awarded a Master's student with a research grant offered through the RNFOO awards program (to increase the visibility of NRIG).

There was a separate adjudication panel for each category of awards. Each application was reviewed and independently rated by 2 reviewers. It was not possible to have blind review of the applications but reviews were assigned to ensure that there was no conflict of interest or previous personal affiliation with any applicant. The committees met by email to discuss the overall rankings and scores for the applicants. There was unanimous agreement on the awards and funding decisions. The committee commented on the high quality of all applications.

The recipients of the **Graduate Scholarships**, each valued at \$1,500 are:

- **Sinead Sheehan**, MN student, York University
- **Laura Teague**, PhD student, McMaster University
- **Christine Dennis**, PhD student, McMaster University

The recipients of the **Research Grants**:

MN category (previously awarded by RNFOO) - \$1,000:

Sally Baerg, MN/NP Student, York University, "Congestive Heart Failure/Chronic Obstructive Pulmonary Disease Exacerbation Related to Urinary Tract Infection Occurrence."

Early Investigator category - \$3,000:

Sue Bookey-Bassett, RN, PhD student, McMaster University, "The Feasibility, Acceptability, Implementation, and Effects of an Interprofessional Education Intervention on Collaborative Practice in Home Care Providers Delivering Stroke Rehabilitation to Older Stroke Survivors and their Family Caregivers"

Experienced Investigator category - \$3,000:

Elaine Santa Mina, RN, PhD, Elizabeth McCay, RN, PhD, Don Rose, RN, PhD, Ryerson University, "The Experiences and Perspectives of Nurses Who Care for Patients' Mental Health Needs in Non-Mental Health Settings: The Knowledge-Practice Gap with Recommendations for Undergraduate Education"

Submitted by Nancy Purdy, Past President





Congratulations to our 2015 Award Winners!



Sinead Sheehan, MN student, York University
Graduate Scholarship Winner \$1500

Sinead is a second year MScN student at York University who is currently working on her thesis. Her research relates to how well hospital bedside nurses collaborate with one another, and how this collaboration affects their job satisfaction. In addition to her studies, Sinead is a Simulation Educator for the RPN program at Sheridan College, works casually for the Hospital for Sick Children and is one of two Policy and Political Action ENOs for the Peel Chapter of the RNAO.



Laura Teague, PhD student, McMaster University
Graduate Scholarship Winner \$1500

Laura is a 4th year part time PhD student at McMaster University, under the supervision of Dr. Gina Browne. She is also a Nurse Practitioner at St. Michael's Hospital in Toronto. Laura's thesis project is a cohort study which will examine long term outcomes of persons with SCI and Stage IV pelvic pressure ulcers, who have undergone surgical repair. She will be examining predictors of sustained wound closure in this vulnerable population.



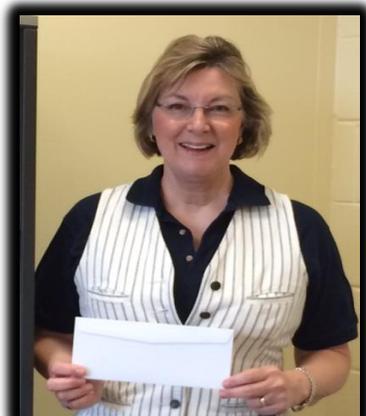
Christine Dennis, PhD student, McMaster University
Graduate Scholarship Winner \$1500

Christine is currently a doctoral student in nursing at McMaster University. In her thesis dissertation, she is exploring how parents engage in partnerships with members of the interprofessional health care team in the pediatric ICU. Christine teaches with Ryerson University in the post-diploma nursing program and is a proud executive member of NRIG as a member-at-large. She lives in Barrie and is also an executive member of the South Simcoe chapter of RNAO.



Sue Bookey-Bassett, PhD student, McMaster University
Early Investigator Research Grant Winner \$3000

Sue is a PhD student at McMaster University. She teaches at McMaster in the nursing and health sciences programs, and works closely with her supervisor on a variety of research projects in the Aging Community & Health Research Unit. Her dissertation research includes developing, implementing and evaluating the impact of an interprofessional education intervention on interprofessional collaboration for community-based stroke rehabilitation teams caring for older adults with multiple chronic conditions in home care settings.



Elaine Santa Mina, PhD, Ryerson University
Experienced Investigator Research Grant Winner \$3000

Elaine Santa Mina RN PhD is Associate Director of the Post Diploma Degree Program and Associate Professor within the Daphne Cockwell School of Nursing at Ryerson University. Elaine was the lead for the development panel for the RNAO Best Practice Guideline for *Assessment and Interventions for Adults at Risk for Suicidal ideation and Behaviour* (RNAO, 2008). Elaine has a keen interest in undergraduate education to prepare nurses to care for patients with mental health challenges. Elaine conducts research and publishes in the areas of self-harm, suicide, Best Practice Guidelines and Nursing Education.



Sally Baerg, MScN/NP student, McMaster University
RNFOO NRIG MN Award Winner \$ 1000

Sally is enrolled in the MScN/Diploma in Primary Health Care Nurse Practitioner program at York University. She has been working in the community with patients of all ages for 22 years and recently joined the Rapid Response Transition Team, providing patients with health assessment and teaching in Chronic Disease management. Her goals are to balance clinical practice along with continued research while working in the community as a Nurse Practitioner with patients who have difficulty in obtaining Primary Care.



Spotlight on 2014-2015 NRIG Scholars

Rola Moghabghab

Early Investgar Research Grant Recipient 2014

My doctoral research, “Constant Observation for Older Adults in Acute Care: A Mixed Methods Study”, is focused on describing what takes place during constant observation for older adults with delirium and dementia in hospital including how the nurse and observer communicate and coordinate care together.

Constant observation involves the use of continuous surveillance of a client, often by an unregulated care provider (such as a personal support worker), to prevent adverse events such as falls, removal of treatment equipment or elopement. Although there is some evidence on the client population receiving constant observation and descriptions of strategies various hospitals have used to decrease the use of this costly intervention, there is minimal evidence on what the observer actually does and how they work with the nurse assigned to care for the client that day. My research is designed to fill some of these gaps in the evidence and to inform the decisions nurses and administrators have to make when assessing whether a client requires constant observation.

I have now completed data collection at the two study sites (as of January 2015) and am currently analyzing the data from the observation, interviews and questionnaires obtained from the nursing staff, observers and older adults. The NRIG research grant was instrumental for getting the data collection done as it funded supplies including data analysis software as well as the employment of a research assistant to help with data entry. I will be presenting some of the questionnaire results, regarding the reasons nurses identified for using constant observation and some alternatives, at the Canadian Gerontological Nurses Association 18th Biennial Conference at the end of May also through the assistance of the NRIG grant!





Education Report

Assessment of members educational needs related to research was completed, compiling information solicited by RNAO and through the NRIG 2014 AGM evaluation. An educational subcommittee comprised of RNAO and NRIG members was struck and planning for webinar based educational events has begun.

We see the series as perhaps a 2-year plan at this point, subject to feedback and response from the membership as the series progresses. Ideally, we would like to plan for February, April, June & October in each of the next 2 years. There are some exciting ideas that will tap into various types of research projects/activities alongside a variety of clinical practice areas of interest. Potential topics under development include research topics relevant to practitioners in Community Health, Mental Health, Education, Rural & Northern health care settings, PhD student topics, and research capacity approaches for practitioners in academic and non-academic settings. In addition, we hope to partner with other interest groups such as MHNIG, CHNIG and GNAO for some joint learning activities.

The first webinar will be offered in October 2015, and will feature an interview with a seasoned

nursing researcher and a nurse who is taking part in a new research internship program. Once the details have been finalized, we will circulate to membership.

Thank you to Angela Cooper-Braithwaite and Kim Jarvi (RNAO), as well as the NRIG education subcommittee comprised of Sue Bookey-Bassett, Christine Dennis, Shelly Archibald, Barbara Chyzzy, and Brenda Ridley.

Respectfully Submitted,

Helen Kelly, NRIG Educational Officer





Membership Report

For the 2014-2015 fiscal year, Nursing Research Interest Group (NRIG) membership stands at a total of 1639 members, with 1052 Registered Nurses and 587 Student members. Currently, our recruitment strategy is the utilization of electronic postcards sent to lapsed members to highlight the top three reasons for joining/renewing membership with NRIG. This includes scholarship opportunities, newsletters and any upcoming educational events. To support our scholarships and grants, we are working with Carrie Edwards at home office to further increase the breakdown of our membership statistics (PhD, MN, RN) in order to gain a better understanding of our members and cater to their educational needs.

Respectfully submitted,
Joyce Tsui, Membership Officer



Policy & Political Action Report

On October 3rd 2014, Ruth Schofield and Amy Bartholomew visited Ted McMeekin in his constituency office in Waterdown. Using the background information form RNAO Document, “Your Health Matters”, we discussed medical tourism and the risk of creating a two-tier health care system, Health System Structure reform with LHIN and CCACs merging to ensure continued, efficient care in community. MPP McMeekin supported the need to protect existing roles within Public Health and the CCAC. We discussed Social determinants for health and increasing the minimum wage, and having a clear understanding of homelessness to create a clear strategy to tackle this issue.

MPP McMeekin, Liberal Member of Parliament, was also very receptive to the issues raised with regards to NP compensation, RN prescribing and reducing exposure to toxins to protect the environment and reduce the impact of climate change. He was engaged in all the discussions.

Respectfully submitted,
Amy Bartholomew, Policy & Political Action Officer





NRIG

Nursing Research Interest Group

Canadian Association for Nursing Research (CANR) Update



The Canadian Association for Nursing Research (CANR), a Canadian Nursing Association (CNA) interest group, is a national organization with representation from every province and territory. The purpose of CANR is to foster research-based nursing practice and practice-based nursing research by:

- providing information about research studies, methods, funding and other resources
- strengthening linkages between research, education, administration, and clinical practice
- representing members' interests to governments, funding agencies, and other nursing organizations
- recognizing excellence in research activities
- educating professionals and the public about the significance of the nursing research-practice partnership

The Canadian Journal for Nursing Research is the official journal of CANR and is a peer-reviewed, quarterly journal published by McGill University School of Nursing since 1969. With world-wide circulation, CJNR's primary mandate is to publish original nursing research that develops basic

knowledge for the discipline and examines the application of the knowledge in practice.

Research related to education and history is also welcomed, as are methodological, theoretical, and review papers that advance nursing science. CANR members have reduced subscription rates.

CANR also offers an annual awards program including:

The CANR Nurse Researcher Award: is for an established nurse scientist who has contributed significantly to nursing research. The CANR Outstanding New Investigator Award is for an outstanding new researcher. The CANR Award for the Promotion of Research Based Practice is made to an individual or group who has provided leadership in the utilization of research in clinical nursing practice.

The CANR Practitioner-Researcher Award: is for a clinician or manager engaged in research in a clinical setting.

Joining CANR

Members receive information related to :

- Colleagues interest and expertise
- Innovative strategies for fostering research-based practice
- Research and research-related conferences
- Recent publications
- Funding opportunities

Sue Bookey Bassett
NRIG Representative to CANR



The National Collaborating Centre for Methods and Tools FREE Online Learning Modules Available!

Online modules are available in the National Collaborating Center for Methods and Tools Learning Centre which focus on distilling and disseminating the best available evidence from research, context and experience, and using that evidence to inform and improve public health practice and policy (however the same principles can be applied to any practice setting).

To use these free online modules, complete the module sections in sequence, but they do not have to be completed at one go! Take a break whenever you need to and come back to the next section.

Please see the NCCMT website for further information: <http://www.nccmt.ca/modules/index-eng.html>

MODULES BY STEPS

	Estimated Time To Complete	DEFINE	SEARCH	APPRAISE	SYNTHESIZE	ADAPT	IMPLEMENT	EVALUATE
<u>Introduction to Evidence-Informed Decision Making</u>	4-5 hours	●	●	●	●	●	●	●
<u>Quantitative Research Designs 101</u>	4-5 hours	●	●					
<u>Searching for Research Evidence in Public Health</u>	5-6 hours		●					
<u>Critical Appraisal of Systematic Reviews</u>	6-8 hours			●	●			
<u>Critical Appraisal of Qualitative Studies</u>	6-8 hours			●	●			
<u>Critical Appraisal of Intervention Studies</u>	6-8 hours			●	●			
<u>Assessing the Applicability and Transferability of Evidence</u>	3-4 hours					●		
<u>Implementing KT Strategies in Public Health</u>	3-4 hours						●	
<u>Evaluating KT Strategies in Public Health</u>	3-4 hours							●



NRIG Executive 2015 – 2016

Co-Chairperson & NRIG Representative to CANR

Sue Bookey-Bassett s.bookey-bassett@sympatico.ca

Co-Chairperson

Barbara Chyzy barbara.chyzy@utoronto.ca

Secretary

Brenda Ridley brenda.ridley@uhn.ca

Finance Officer

Winnie Sun winnie.sun@mail.utoronto.ca

Education Officer

Helen Kelly helen.kelly@uhn.ca

Communications Officer – Newsletter

Position Vacant

Communications Officer – Website

Fissan Lau fissan@gmail.com

Membership and Services Officer

Joyce Tsui joyce.ck.tsui@gmail.com

Associate Officer, Membership

Christina Moldovan christina689@hotmail.com

Policy & Political Action Officer

Position Vacant

Members-at-Large- RAO Board

Angela Cooper Brathwaite angela.cooperbrathwaite@utoronto.ca

Member-at-Large – NRIG Board

Christine Dennis cdennis@ryerson.ca

Student Representatives

Position Vacant



Vacant Positions – What's Involved?



We are looking for NRIG members to fill vacant positions on our NRIG executive. Please review the descriptions of duties below. If you are interested in one of these positions, please contact: Sue Bookey Bassett at s.bookey-bassett@sympatico.ca or Barbara Chyzy at barbara.chyzy@utoronto.ca

Communications Officer Newsletter

The Communications Officer creates and edits the group newsletter 2-3 times per year. Other duties can include taking photos at group events.

Policy and Political Action Officer

The Policy and Political Action Officer is responsible for the group's advocacy efforts, and is the point person for political action activities. Their role includes:

- Meetings with politicians as part of Queen's Park Day and Queen's Park on the Road (QPoR)
- Providing a strong voice for nursing during elections, by connecting with candidates as appropriate

Student Representative

The Student Representative is a Bachelor of Nursing student who provides the student perspective to the executive. They are charged with connecting to the nursing student community, doing outreach and encouraging other students to join and get involved in the group activities.