

Nursing Research Interest Group



Message from the Chair

On November 15, 2014, several members of NRIG Executive met at Ryerson University to discuss and plan the strategic priorities for 2014-2016. The day began with each executive member discussing the current research initiatives they are involved in as part of their work. Members' research work will be profiled in future issues of the newsletter. We revised our group's overall objectives and developed priorities for the next two years.

NRIG Overall Objectives

- To promote nursing research in Ontario
- To lobby for resources to promote excellence in nursing research
- To promote nursing representation on peer review committees of funding agencies
- To disseminate research information to nurses, the public and other health care providers
- To further develop and maintain a collaborative nursing research network
- To promote and facilitate clinical application of research findings
- To enhance the scholarship and research capabilities of novice nurse researchers

The priorities which NRIG will focus on over the next two years will include the following:

- Recruitment of new executive members for roles of Chair-Elect and Finance Officer
- Enhance design & content of NRIG web site
- Continue Scholarship and Research Grants Program
- Host an online nursing research education event
- Host AGM in May or June 2015

We want to hear from you. Please send us your comments, questions or ideas for ongoing professional development for NRIG members.

Sue Bookey-Bassett, Chair NRIG
s.bookey-bassett@sympatico.ca





Queen's Park on the Road 2014 Meeting with Ted McMeekin October 3rd, 2014

In attendance: Ted McMeekin, Ruth Schofield, Amy Bartholomew, Bernadette (from Ted's office)

Medical Tourism

Background on medical tourism was reviewed by RS, emphasizing that personal, organizational gain is expected from this endeavor and the creation of a 2-tiered health system.

TM – states providing needed healthcare is good and supports bringing children from Gaza to receive medical treatment in Canada but does not have enough information about medical tourism.

We offered to look at other resources to forward to him and he will send to the minister of health.

Health System Structural Reform

TM fully supports merging LHINs and CCACs. LHIN was meant to create systems and project emerging needs so this would be ideal platform. All evidence is that people want to see a shift of care into the community.

TM assures that he wants to make science-based decisions regarding emerging care

RS spoke about the need to protect funding for existing roles within Public health and CCAC. TM says he is a big fan of LHIN's and will support this.

RN Prescribing

TM likes this idea as long as it is within the scope of practice.

NP Compensation

TM supports this position.

Social Determinants of Health

TM agreed with increasing minimum wage - states that the Liberals increased minimum wage 8 times when they were in office. He personally thinks minimum wage should be \$15/hr but realizes this creates problems since a wage increase does not happen in isolation. Have to look at what this affects in terms of jobs, etc.

Homeless strategy

TM thinks that we need to understand the scope of homelessness to create a clear strategy. He has been on a Building Bridges Tour in the last 10 weeks and noted that some communities measure homelessness. Thinks this needs to be done to make plans. Agrees that investing in affordable housing is one key. He states that some sustainable models have been utilized in the US where shelters/gazebos have been retrofitted for homeless and set up in parks. Then people are given support to help maintain. TM thinks that we should be finding solutions that work well and replicate them. TM identifies that there is no housing or homeless strategy and both are needed.

Environmental Determinants of Health

TM supports reducing exposure to toxins to protect the environment and reduce the impact of climate change.

Respectfully Submitted

Amy Bartholomew

Policy and Political Action Officer



The National Collaborating Centre for Methods and Tools

The NCCMT is pleased to announce the release of three new videos in our Understanding Research Evidence series!

The ability to understand and interpret research evidence is critical to the successful implementation of evidence-informed public health. These concise videos explain key terms in plain language using realistic public health examples and engaging visuals. The new videos cover the following concepts:

NEW videos:

- Understanding what a **P value** tells us
- **6S Pyramid**: a tool that helps you find evidence quickly and efficiently
- **Evidence-Informed Decision Making**: A guiding framework for public health

Visit the [NCCMT website](http://www.nccmt.ca/resources/multimedia-eng.html#ure) (<http://www.nccmt.ca/resources/multimedia-eng.html#ure>) to watch all the “Understanding Research Evidence” videos or to learn about the other products and services available from the National Collaborating Centre for Methods and Tools!



Improving Practice in Health Care: Research and Quality Improvement

As an Advanced Practice Nurse, with a focus on knowledge generation and translation, I am frequently asked to consult with health care professionals about the most appropriate approach to answer practice-based questions. While health care leaders often have program evaluation questions, practitioners at the bedside often want to explore ways to improve care.

At the academic health science centre where I work, our health care practitioners (HCPs) are supported through access to consultation, educational programs, mentoring, as well as small research awards and grants to learn about and conduct small research or quality improvement projects.

Aside from generating an answer to practice-based questions, these professional development opportunities provide our staff the opportunity to apply what they have learned in their pre-licensure education. The intent of these capacity building programs is to increase HCP's competence and confidence in participating in the research or quality improvement process, with an overall aim of strengthening evidence-informed practice decisions.

The Importance of Questions

Asking questions is the first step to building knowledge. Promoting a culture of collaborative inquiry is foundational to both research and quality improvement. As health care colleagues and leaders, the practice of asking more questions supports learning. So, ask more questions and model collaborative inquiry in your day to day practice.

Research or Quality Improvement?

It is well accepted that the research question drives the selection of the appropriate research methodology. However, a quality improvement approach is preferable when the aim is to improve a specific aspect of health care delivery, a process, or practice that is not consistently or appropriately implemented in a particular setting.

The aim of research and quality improvement differs. In research, the goal is to create new knowledge through testing or generating new theory whereas, the aim of quality improvement is to make improvements using small tests of change.

Where Can I Learn More about Quality Improvement?

You may not have been learned about quality improvement approaches in your undergraduate or graduate nursing program, but there are many post licensure courses available through academic- health care collaborative projects, colleges and universities in Ontario. I would urge all nurses (and other HCPs) to explore what is available to you in your local communities, as well as through distance learning.



Helen Kelly, RN, MScN
Education Officer

Update on NRIG 2014 AGM

What Makes an Effective Tutor in the Kaleidoscope Curriculum? Hearing the Voice of Our Students.

Rosemary Ackerman-Rainville, RN, BScN, MEd & Darlene Sheremet, RN, BScN, MEd
Mohawk College, Hamilton, Ontario

Speakers from McMaster University, Mohawk and Conestoga College Nursing Program, presented the results of their qualitative study examining: What makes an effective teacher in each level of the BScN program? What are the skills, attributes and strategies of an effective teacher? How does this impact student learning at each level?

Key findings from the study:

- Effective tutors find a balance between supporting/caring and challenging students and also between directing and letting go
- Students identified specific characteristics of an effective tutor – 5 P's of an Effective Tutor
 - Perceptive and responsive to student needs
 - Passionate & positive about nursing, teaching, PBL – this motivates students
 - Prepared – knowledgeable and experienced
 - Prepare us for success in practice and program- highly active and engaged process
 - Professional and accountable
- Students identified the impact of an effective tutor:
 - Inspire and prepare us to be good nurses
 - Learning is positive, meaningful, we are motivated and engaged
 - Gain self-confidence, professional confidence, skills for success in practice and BScN program

Those who attended the event rated it favorably in terms of content, location, food, duration and timing. Attendees told us that they learned about NRIG goals and objectives, had the opportunity to meet executive, see NRIG's accomplishments & value as a member. Attendees also indicated they learned about the importance of good teaching to nursing students along with how McMaster University-Conestoga-Mohawk program engages nursing students in throughout the research process to enhance research skill development. Those in attendance included members of NRIG, PNEIG, and the award recipients for 2014.

**Student
Perspectives**



The Canadian Association for Nursing Research (CANR) is a national organization with representation from every province and territory. Serving as a Canadian Nursing Association (CNA) interest group, CANR's mandate is to foster research-based nursing practice and practice-based nursing research by:

- providing information about research studies, methods, funding and other resources
- strengthening linkages between research, education, administration, and clinical practice
- representing members' interests to governments, funding agencies, and other nursing organizations
- recognizing excellence in research activities
- educating professionals and the public about the significance of the nursing research-practice partnership

Nancy Purdy is a member of the board representing Ontario. Membership is \$ 35/year – to join, please visit the CANR website <http://www.canr.ca/join/> . Members are provided regular email updates of relevant conferences and funding opportunities and a discounted subscription rate is offered for the Canadian Journal of Nursing Research.

Scholarships & Awards Report 2014

Changes to the awards and grants program included the following:

- Launch the Masters' level research grant through RNFOO to market the work of NRIG (value \$1,000)
- Increased number of research grants to 3 and increase the value to \$3,000
- Created 2 categories of research grants:
 - Early Investigator (current PhD student, post doctoral fellow or obtained an MN or PhD within last 5 years)
 - Experienced Investigator (obtained MN or PhD > 5years ago)

The recipients of the **Graduate Scholarships**, each valued at \$1,500 are:

Barbara Chyzy, PhD student, University of Toronto
Nisha Sutherland, PhD student, Western University

The recipients of the **Research Grants** (Early Investigator category), each valued at \$3,000 are:

Esther Coker, PhD student, McMaster University, "Oral Hygiene Care Practices of Nurses with Older Adults in Post-Acute Hospital Settings"

Salima Ladak, PhD student, University of Toronto, "Symptoms and Function in the Early Recovery Period Following Orthotopic Liver Transplantation Surgery"

Rola Moghabghab, PhD student, University of Toronto, "Constant Observation for Older Adults in Acute Care: A Mixed Methods Study"



Barb Chyzyz

Nisha Sutherland

Esther Coker

Rola Moghabghab

Salima Ladak

Scholarships & Awards Winners 2014



Announcing

2015 Scholarship and Research Grants Program

Deadline – April 4, 2015 at midnight

We are excited to announce the annual NRIG scholarship and research grants program. The awards and grants are open to NRIG members whose applications demonstrate their scholarship and academic potential, the ability to work with others, leadership potential, nursing expertise and professional involvement.

Masters-level students

- NRIG has partnered with RNFOO to launch the **Nursing Research Interest Group (NRIG) Award** (\$1,000) to support a graduate nursing student who is in the process of completing Master's thesis research. Applicants must be members of NRIG for a minimum of two years and have a completed research proposal (see www.rnfoo.org for more details for 2015).
- Scholarships (Value \$1500) continue to be available through NRIG directly

Research Grants

- Awards are now available to two distinct groups of researchers (Value \$3000 each)
 - New investigator (current PhD student, post doctoral fellow or obtained an MN or PhD within last 5 years)
 - Established researcher (obtained MN or PhD > 5years ago)

Successful applicants will be notified by May 8, 2015. Awards will be presented at the NRIG Annual General Meeting (date and location to be announced, approximately May/June 2015).

Please visit the NRIG website - <http://nrig.rnao.ca/> for updates and results. For further information, contact Nancy Purdy at npurdy@ryerson.ca.



**Nursing Research Interest Group
2014-2015 Executive Members**

Chairperson

Sue Bookey-Bassett s.bookey-bassett@sympatico.ca

Chairperson Elect – position vacant

Past Chairperson

Nancy Purdy npurdy@ryerson.ca

Secretary

Brenda Ridley brenda.ridley@uhn.ca

Finance Officer – position vacant

Education Officer

Helen Kelly helen.kelly@uhn.ca

Communications Officer – Newsletter

Monique Waddington-Patenaude

Communicaitons Officer – Website

Fissan Lau fissan@gmail.com

Membership and Services Officer

Joyce Tsui jtsui@ryerson.ca

Associate Officer, Membership

Christina Moldovan cdraganao@ryerson.ca

Policy & Political Action Officer

Amy Bartholomew barthol@mcmaster.ca

Members-at-Large- RNAO Board

Angela Cooper Brathwaite angela.cooperbrathwaite@utoronto.ca

NRIG Representative to CANR

Nancy Purdy npurdy@ryerson.ca

Member-at-Large – NRIG

Christine Dennis cdennis@ryerson.ca

Student Representative – Nathalie DiLabio

We are currently seeking new executive members to fill Chair-Elect and Finance Officer Positions. If interested please email Sue Bookey-Bassett at the address above for more information. Come join our team!

Funding Opportunities....Staying Connected and Informed

A summary of available tools to network and find funding sources is summarized below. NRIG does not endorse any specific product but aims to share useful links that will support nurse researchers across all sectors. If you have any other suggestions, please contact Sue Bookey Bassett and your information will be posted on the NRIG website.

The logo for ResearchGate, featuring the word "ResearchGate" in white and green text on a dark grey rectangular background.

Access scientific knowledge and make your research visible. The program provided the following services: connects researchers and makes it easy to share and access scientific output, knowledge, and expertise; provides stats about views, downloads, and citations of your research; helps to connect and collaborate with colleagues, peers, co-authors, and specialists in your field; ask questions, get answers, and find solutions to research problems.

<http://www.researchgate.net/>



Previously known as Community of Science (COS) - A tool for discovering funding opportunities and supporting collaboration in research. Pivot answers the growing demands on research developers to quickly discover the right funding opportunities and effectively collaborate with their colleagues. Designed for faculty, staff researchers, and graduate students. Cost for this service, free trials available. <http://pivot.cos.com/>

Canadian Doctoral Nursing Network Conference: The Doctoral Journey - Learning for the Future

SAVE THE DATE!

June 11 & 12, 2015

University of Regina

Regina, Saskatchewan, Canada



The Faculty of Nursing is proud to once again host Canada's Doctoral Nursing Networking Conference!

The goals of the conference are to:

- Provide students with the opportunity to present their dissertation work
- Bring together Registered Nurses engaged in doctoral research for networking, scholarly discussions and learning opportunities
- Provide support, encouragement and mentoring of doctoral students

Date and location:

This conference will be held Thursday and Friday, June 11 and 12, 2015, in Regina, Saskatchewan, at the University of Regina's Centre for Kinesiology, Health and Sport.

Intended audience:

The conference is designed for RN's engaged in doctoral work in Canada or globally, regardless of disciplinary focus.

Speakers

Please know that Dr. Sally Thorne, RN, PhD from the UBC has agreed to be our **Keynote Speaker** for this event.

Dr. Florence Myrick, RN, PhD, Past Associate Dean at the University of Alberta has agreed to present at our conference.

Dr. Ruth Martin-Misener, RN-NP, PhD, Associate Professor from Dalhousie University has agreed to present at our conference.

Dr. Alec Couros, PhD, Associate Professor - Educational Technology and Media, in the Faculty of Education at the University of Regina will also present

Registered Nurses Foundation of Ontario (RNFOO)

2015 Awards & Scholarships

The application process for 2015 is open on December 15, 2014.

The process for distributing RNFOO Awards and Scholarships is based on the academic year. The on-line application process opens in December, with applications due by mid-January. Winners are chosen in March, and are celebrated at our Annual Fundraising Gala. View the web site for information about the 2015 process.

www.rnfoo.org

**Wishing all our members a Happy & Safe
Holiday Season and much success in 2015!**



NLN Education Awards

The Nursing Leadership Network of Ontario is accepting application for the 2015 NLN.ON Education Awards.

Please note the deadline to submit an application is **January 15, 2015 at 4:00 PM EST.**
The available awards are

Education Awards /Grants

Two grants are available for part-time studies and one grant for full time studies in an undergraduate nursing program or graduate program in nursing or a related field.
Part-time grant value: \$1000.00 -- Full-time grant value: \$1500.00

Education Grant for Student Nurses

A grant is available for a student registered full time in an undergraduate nursing program.
Value: \$1000.00

Dorothy Wylie Graduate Fellowship Award

For full time graduate studies in nursing or a related field.
Value: \$2000.00

Research Award

For nurse researchers conducting research into issues important to nurse leaders
Potential Value: Up to \$2000.00 (may be divided among several suitable proposals)

How to Apply

To view the awards application package, visit our website

http://nl.n.on.ca/images/award-recipients/Toolkit_Application_Package_2014_-_2014-11-05.pdf

For more information, contact us at:

NLN.ON Office
info.nln.on@firststageinc.com
416-426-7229

